



INTRODUCE YOURSELVES

Steve introduced himself to the other colleagues.

We use myself/yourself/himself etc. (reflexive pronouns) when the subject and object are the same:

Steve introduced himself

subject obbject

The reflexive pronouns are:

- singular (-self) myself yourself (one person)
- plural (-selves) ourselves yourselves (more than one)
- EX1: I don't want you to pay for me. I'll pay for myself. (not I'll pay for me)
- EX2: Amy had a great holiday. She really enjoyed herself.
- EX3: Do you talk to yourself sometimes? (said to one person)
- EX4: If you want more to eat, help yourselves. (said to more than one person)

Compare:

EX5: Lisa introduced me to the other guests.
 EX6: I introduced myself to the other guests.



himself/herself/itself themselves



FEEL, RELAX, CONCENTRATE, MEET, SHAVE, WASH, DRESS

- ❖ We do not use myself etc. after feel/relax/concentrate/meet:
 - EX6: I feel nervous. I can't relax.
 - EX7: You need to concentrate. (not concentrate yourself)
 - EX8: What time shall we meet tomorrow?

Normally we do not use myself etc. after wash/shave/dress:

- EX9: He got up, washed, shaved and dressed. (not washed himself etc.)
- You can also say get dressed (He got dressed).



-SELVES vs EACH OTHER

Compare -selves and each other:

EX10: Kate and Joe stood in front of the mirror and looked at themselves.

(= Kate and Joe together looked at Kate and Joe)

■ EX11: Kate looked at Joe, and Joe looked at Kate. They looked at each other.

You can use one another instead of each other:

- EX12: How long have you and Ben known each other? or ... known one another?
- EX13: Sue and Alice don't like each other. or ... don't like one another.
- EX14: Do they live near each other? or ... near one another?



I REPAIRED IT MYSELF

- We also use myself/yourself etc. in another way. For example:
 - EX15: 'Who repaired your bike?' 'I repaired it myself.'
- I repaired it myself = I repaired it, not another person. Here, myself is used to emphasize 'l' (= it makes it stronger). Some more examples:
 - EX16: I'm not going to do your work for you. You can do it yourself. (= you, not me)
 - EX17: Let's paint the house ourselves. It will be much cheaper.
 - EX18: The film itself wasn't very good, but I loved the music.
 - EX19: I don't think Lisa will get the job she applied for. **Lisa** doesn't think so **herself**. or Lisa herself doesn't think so.

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TÓM TẮT

- 1. Chúng ta dùng đại từ phản thân khi chủ ngữ và túc từ cùng là một. Steve **introduced himself** to the other guests.
- 2. Các đại từ phản thân bao gồm:
 - singular (-self) myself yourself (one person) himself/herself/itself
 - plural (-selves) ourselves yourselves (more than one) themselves
- 3. Chúng ta không dùng đại từ phản thân với một số động từ như **feel, relax, concentrate, meet, wash, shave, dress**. He got up, washed, shaved, and dressed.
- 4. Cần phân biệt đại từ phản thân "-selves" và "each other." Với đại từ phản thân, chủ ngữ và túc từ cùng là một.

 They looked at themselves họ nhìn vào chính mình (ở trong gương.) Còn với "They looked at each other,"

 nghĩa là họ nhìn nhau.
- 5. Chúng ta cũng dùng đại từ phản thân để nhấn mạnh ý chủ ngữ tự làm một việc gì đó. I repaired it myself.